ALLERGIC RHINITIS TREATMENTS

This chart shows the main intranasal treatment options available in Australia. Check TGA-approved product information for indications and precautions. Developed independently by the National Asthma Council Australia with support from Mylan Health.

**CORTICOSTEROID**
- **Fllixonase**
  - fluticasone propionate
  - 50mcg
- **Avamys**
  - fluticasone furoate
  - 27.5mcg
- **Omnaris**
  - fluticasone
  - 50mcg

**ANTIHISTAMINE**
- **Azep**
  - azelastine
  - 125mcg
- **Dymista**
  - azelastine/fluticasone propionate
  - 125mcg/50mcg

**ANTIHISTAMINE/CORTICOSTEROID**
- **Atrovent Nasal**
  - ipratropium
  - 22mcg
- **Atrovent Nasal Forte**
  - ipratropium
  - 44mcg

**SALINE**
- **Nasal Spray**
  - sodium chloride

**ANTICHOLINERGIC**
- **Azep**
  - azelastine
  - 125mcg
- **Zyrtec**
  - levocabastine
  - 0.5mg/mL
- **Livostin**
  - levocabastine
  - 0.5mg/mL
- **Avamys**
  - fluticasone furoate
  - 27.5mcg
- **Flixonase**
  - fluticasone propionate
  - 50mcg
- **Livostin**
  - levocabastine
  - 0.5mg/mL

**DECONGESTANT**
- **Decongestant**
  - xylometazoline
  - 0.5mg/mL
- **Otrivin Plus**
  - xylometazoline/ipratropium
  - 0.5mg/mL/0.6mg/mL

**RESOURCES**
- National Asthma Council Australia
- ‘How-to’ videos for nasal spray technique
- Clinical recommendations for asthma & allergies
- Patient advice, factsheets and brochures
  - nationalasthma.org.au

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*Available by prescription only. Check TGA and RPBS for current criteria